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in critical theory and particularly in postmodernism is a narrative about narratives of historical meaning, experience, or knowledge, which offers a society legitimation through the anticipated completion of a master idea.

This is a book of many stories. In this book there are chapters that represent different emotions. Through these emotions the reader gets the chance to build their own story. So, just as it is in life, you are the creator of your own story. Best of luck!!!

*Levati  
Abelino*

## INSTRUCTIONS:

- 1- This is not just a book. It also is a journal that you can write down your thoughts.
- 2- Each spread has an emotion and the reader is given a page to write accordingly to the assigned emotion.
- 3- The reader is allowed to use the book as many times as they desire.
- 4- The only rule is that, the reader is supposed to write down how many times they wrote on one of the thumbnail pages.



























