

Food in Luxury and Sustenance

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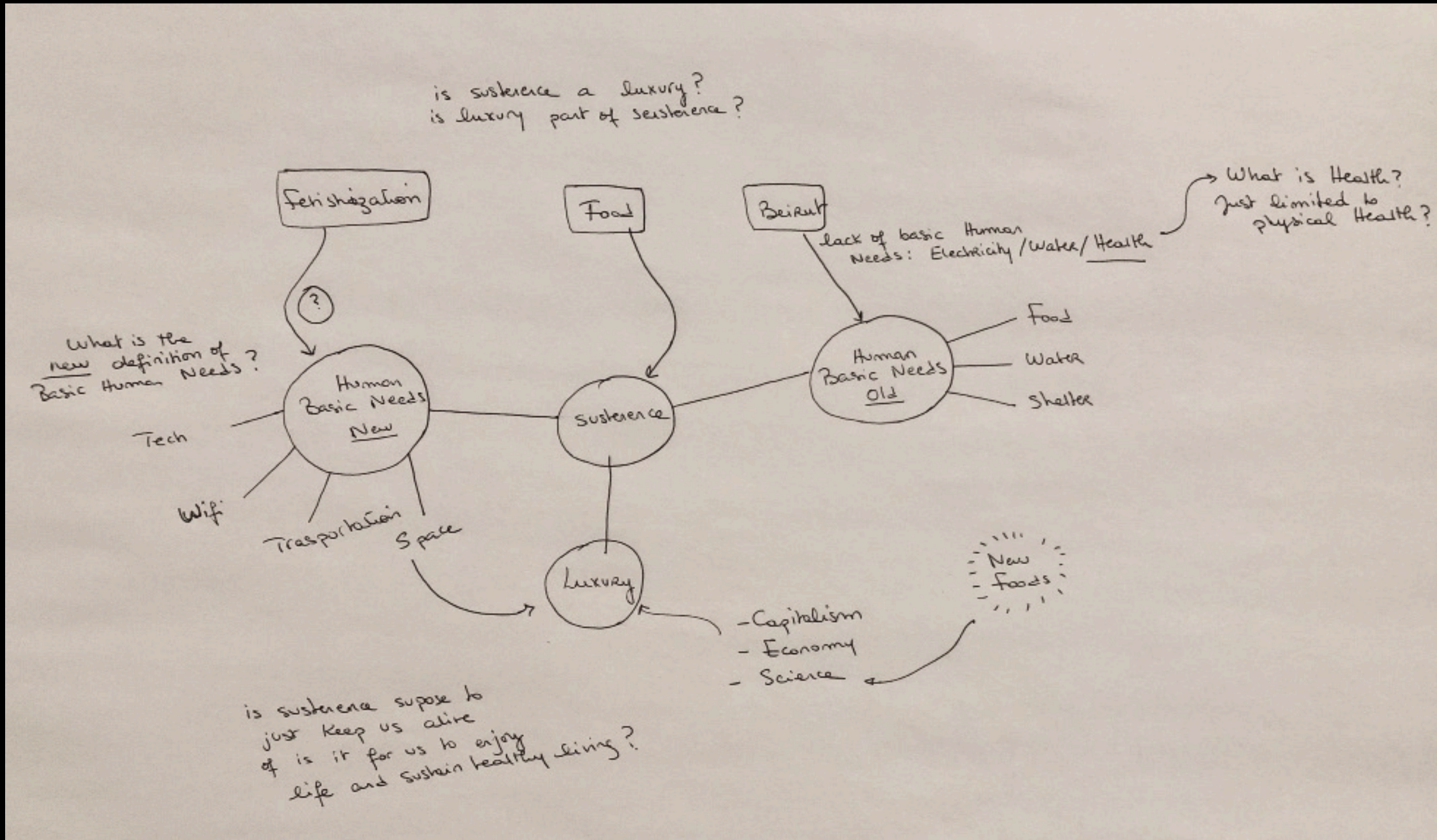
Concept

During confinement, the only thing I found myself in control of was my food. What was I buying, consuming, leaving for later... But even after, I felt like nothing was in our control and everything was still uncertain, but again my sustenance is what was left. What I consider sustenance, specifically in food, isn't just nutrition, but mental and psychological content and satisfaction as well. And for my paper I am conducting my own investigation, and gathering my own data, and Prototype III is documenting this investigation: what are people eating, are they still eating the same things, are they splurging on food etc...

Research question

In a globalized and fast-advancing world today, where we can demand anything and everything with a simple click on our screens, would we consider today, in the 21st century, sustenance as a luxury? Or is the luxury part of sustenance?

Prototype I & II



Prototype III



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