



Preparation- When deciding what to change in my outward appearance different ideas started to develop in my mind. I thought about straightening my hair but I already knew what that was like. I also thought about trying a wig, changing my appearance/ the way I dressed. But then the idea of changing my eye color came to me. Wearing colored contacts was something I had always wanted to change because I feel that like changes one's whole appearance. Your eyes are such a major aspect of who you are and something that really sticks with a person. So I thought now was the perfect opportunity to do so. I naturally have brown eyes, therefore I wanted to try blue contacts or green.

Entry 1- We are currently on our way to the wig store because I think changing my hair would be a great different look. I have entered the store and the store employee approached me to ask if I needed assistance. As I stood there of course not knowing anything about wigs said yes. Another employee approached me willing to assist, then we both walked to the back to pick out wigs I think would look the best. I soon am realizing that the current state of my natural curly hair is not going to properly fit a wig and that I should come back another time.

Entry 2- Now I am jumping to my next idea..COLORED CONTACTS. I am quickly looking for the nearest eyewear place that would sell colored contacts. I found my spot. I now am walking towards the store that will hopefully have the correct contacts that I want. I walk in and ask for colored contacts. At first he thinks it is for halloween and I laughingly inform him that it is not. He hands me the contacts, I hand him \$25 in return. Now it's time to go to my room to try them on.

Entry 3-I have returned to my dorm room. I am so excited to pop these suckers in my eyes. I begin to pull them out of my bag, wash my hands and anxiously await to see the change. I put them both on and looked in the mirror so excited. The color was not as dramatic as I thought it would be but it is just the perfect amount of change. I am now deciding to take it a step forward and do a very dramatic makeup look. I decided to apply my most dramatic false lashes and a shade of black lipstick with my new green mac chromatic lipgloss. I then put on and all black leather outfit with my craziest boots.

Entry 4- Wow I feel like a total confident badass. I looked in the mirror and felt like a better version of myself. I felt like my eyes looked so intriguing because #1 the color was totally different and #2 the lashes made them look so dramatic and popping. Not only did I look different but I felt different. My roommates walked in the door and their immediate reaction was woah something looks different about you. Then they got a closer look and noticed my eyes were the change. "Omg they look so cool", "Omg you are so glammed up", "Wow".

Entry 5- Throughout the night I felt more confident, and as I was talking to people I felt like a new person and that they were talking to a new person. I didn't want to change or go back to how I looked before. It was fun to have this new identity. Yes I would have most likely worn that outfit before but it felt different because I had these new contacts and bold lip.

Reflection-

The idea that changing one thing about yourself can give you a new sense of confidence, can make you feel differently, may even change your mood is so interesting. We live everyday in our own realm of comfortability and we often don't stray from it. Therefore when we do change one thing, whether it be as simple as parting your hair differently, styling it a different way, wearing new shoes or something larger like cutting your hair, changing your appearance completely it makes one feel differently. One might feel better or worse depending on this change. This assignment was so fun because we all got to impersonate a different form of ourself. In my case it was as simple as changing my eye color, but it did more than just that. It made me feel like a new exotic looking individual, it gave me confidence, it made me feel bold, it made me want to look people straight in the eye throughout the whole conversation. I felt as if people were looking at me differently and were more engaged with our conversation because of

my big bold eyes that were piercing into theirs. The idea of making changes to one self is so interesting because it is something so easy to do however we scared to do. But once we make the change it almost starts of a chain reaction to want to be adventurous. However on the hand it could make you feel more grateful/embrace the way you were before. For example trying on the wigs made me love my curly hair a bit more. At the end of the day when it was time to take my makeup off, my colored contacts off it was almost upsetting to let this new fun piece of me go. But it was nice to see my natural eye color, and the natural me because that is the way I was created and that is even cooler. It is also just as nice to know that if wanted I can purchase a new pair lenses and feel those same sensations again. Life is about experimenting with different versions of ourselves and I think this assignment inspired those ideas perfectly.