

# SUSTAINABLE SYSTEM

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# TRASH DIARY

TIAN LAN  
FROM 09/10- 09/12

# TRASH DIARY

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DATE: SATURDAY, 09/10/16

TRASH: CIGARETTE BOX  
MAKE UP PACKAGING

RECYCLABLE: YES

CATEGORY: PACKAGING

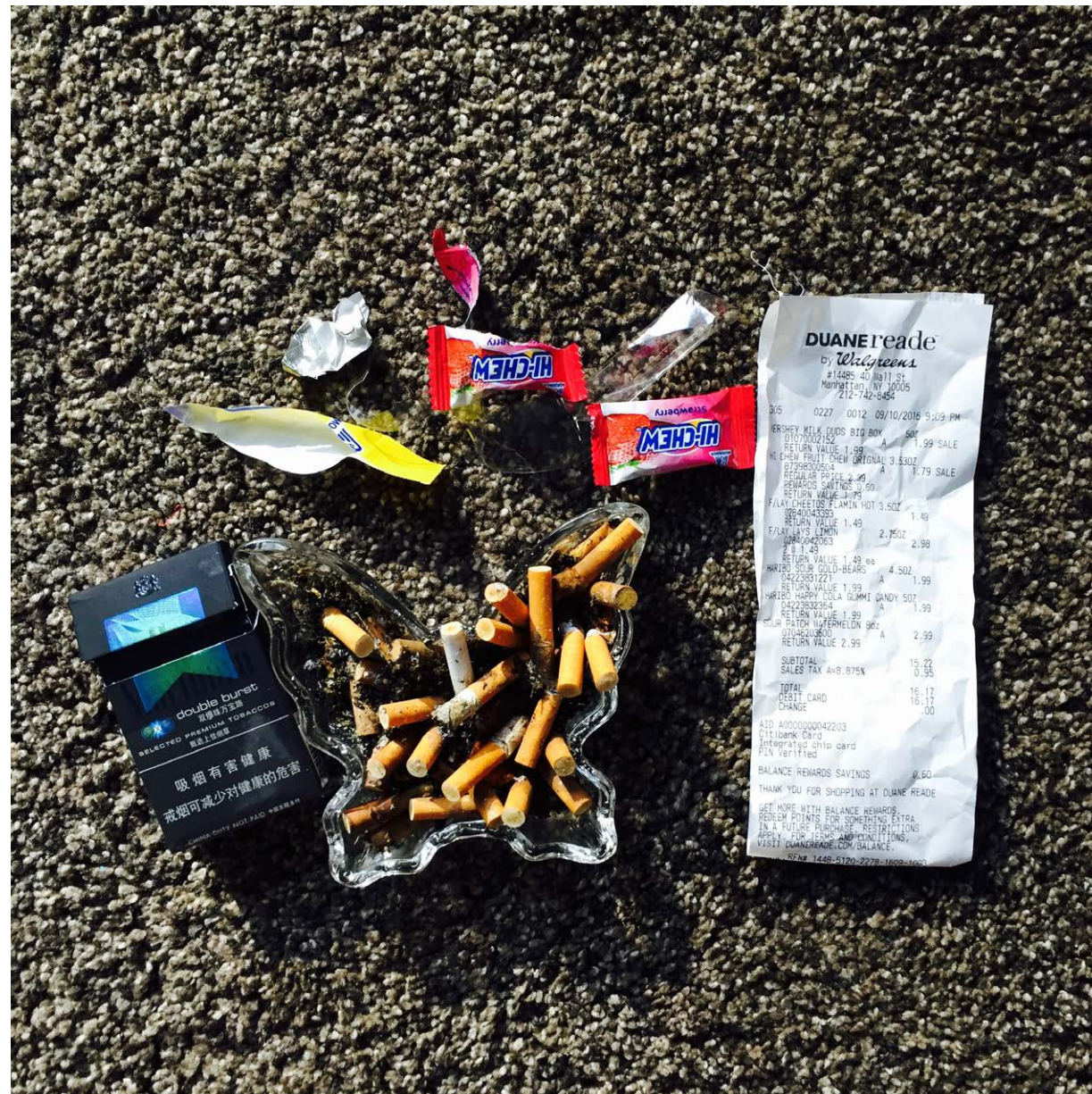
MATERIAL: PAPER

REASON: I SMOKE AND I BOUGHT A  
NEW EYELINER

REFLECTION: PACKAGING IS TRUELY A  
PROBLEM FOR THE USE OF PAPER AND  
PLASTICS. THOUGH WE ARE RECYCLING,  
WE STILL FEEL THE CONSIDERABLE  
AMOUNT OF WASTE FROM AESTHETIC  
AND MARKETING PURPOSE



# TRASH DIARY



DATE: SATURDAY, 09/10/16

TRASH: CANDY PACKAGES  
PAPER RECEIPTS

RECYCLABLE: YES

CATEGORY: LIVING WASTES  
PACKAGING

MATERIAL: PAPER  
PLASTIC

REASON: LEISURE WASTES

REFLECTION: USE E-RECIPTS MORE.  
AND EAT LESS CANDY. OR TRY TO BUY  
PRODUCTS WITH LESS INDIVIDUAL  
PACKAGINGS



# TRASH DIARY

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DATE: SATURDAY, 09/10/16

TRASH: CIGARETTES BUTTS

RECYCLABLE: NO

CATEGORY: LITTER

MATERIAL: PAPER/COTTON

REASON: SMOKING

REFLECTION: FOR ENVIRONMENTALLY FRIENDLY PURPOSE, I SHOULD HAVE SMOKED LESS. TRY NOT TO THROW CIGARETTES BUTTS IN STREETS AND RECYCLE ALL CIGARETTES BOXES



# TRASH DIARY

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DATE: SATURDAY, 09/10/16

TRASH: DUVET COVER

RECYCLABLE: YES

CATEGORY: LIVING

MATERIAL: COTTON

REASON: REPLACED BY NEW

REFLECTION: WE THROW OLD THINGS AWAY. OR TRY TO USE THEM IN OTHER UTILITARIAN PURPOSE SUCH AS DRAPING OR KNITTING. OR JUST USE IT AS CLEANING FABRIC NEXT WEEK



# TRASH DIARY

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DATE: SATURDAY, 09/10/16

TRASH: FOOD

RECYCLABLE: NO

CATEGORY: LIVING

MATERIAL: FOOD

REASON: DINNER AT HOME

REFLECTION: EVEN I FINISH ALL THE DISHES MY MOM COOKED FOR ME. THERE ARE STILL WASTES OF SAUCES, AND SEASONINGS.

# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: 5 DIET COKE CANS  
PLASTIC BANDING

RECYCLABLE: YES

CATEGORY: CONTAINER  
PACKAGING

MATERIAL: METAL

REASON: FRIENDS COMING OVER FOR  
DINNER

REFLECTION: FOR ENVIRONMENTALLY  
FRIENDLY PURPOSE, I SHOULD HAVE  
BOUGHT A LARGE BOTTLE OF COKE AND  
USE GLASSES AS CONTAINER INSTEAD  
OF BUYING SMALL CANS. LAZINESS  
CAUSES WASTES



# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: PIZZA BOX

CANDY BOX

ONE TIME USE UTENSILS

RECYCLABLE: YES

CATEGORY: CONTAINER

PACKAGING

UTENSILS

MATERIAL: PAPER

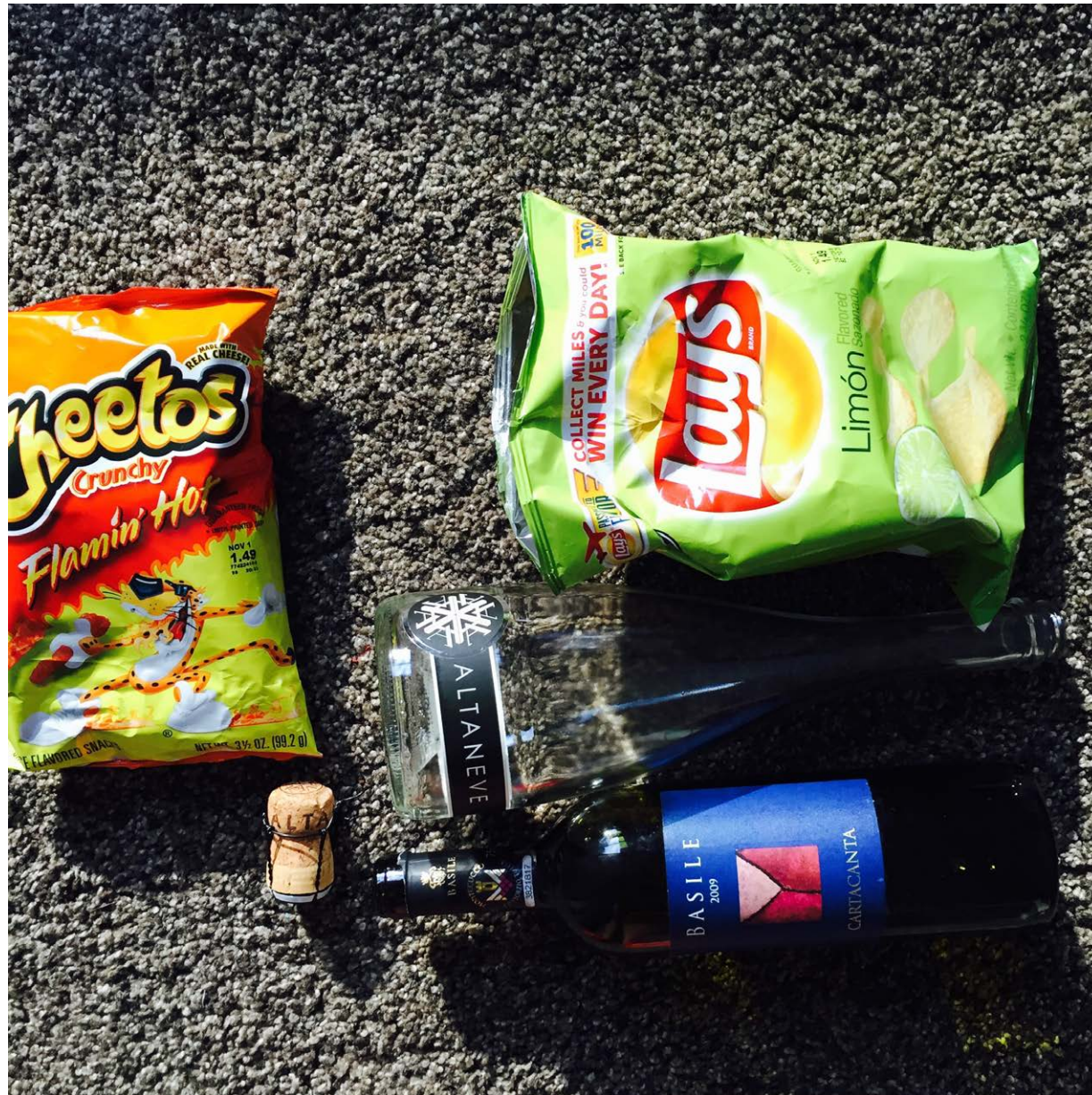
REASON: FRIENDS COMING OVER FOR  
PARTY

REFLECTION: I WAS TOO LAZY TO DO  
ALL THE CLEAN UPS, SO USUALLY, I USE  
ONE TIME USE UTENSILS FOR HOSTING  
A PARTY



# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: WINE BOTTLES  
SNACK BAGS

RECYCLABLE: YES

CATEGORY: CONTAINER  
PACKAGING

MATERIAL: GLASS  
PLASTIC

REASON: FRIENDS COMING OVER FOR  
PARTY

REFLECTION: USUALLY, I KEPT BOTTLES  
FOR DECORATION. AND PACKAGING IS  
TRUELY A PROBLEM



# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: BOTTLES

CIGARETTES BOX

OVERNIGHT DRINKS

RECYCLABLE: YES/NO

CATEGORY: CONTAINER

PACKAGING

MATERIAL: WATER, PLASTIC, PAPER

REASON: FRIENDS COMING OVER FOR  
PARTY

REFLECTION: I DIDN'T FINISH ALL THE  
DRINKS SO I HAVE TO THROW THEM  
AWAY. MY BAD



# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: FABRICS  
PLASTIC BAGS

RECYCLABLE: YES

CATEGORY: STUDY WASTE  
PACKAGING

MATERIAL: COTTON FABRIC  
PLASTIC

REASON: CLEANING UP MY APARTMENT  
ON WEEKENDS

REFLECTION: WASTE FROM ONLINE  
SHOPPING PACKAGING AND STUDY  
WASTE OF FAILED ATTEMPT ON DRAP-  
ING A DRESS



# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: GROCERY SHOPPING BAGS

RECYCLABLE: YES

CATEGORY: CONTAINER  
PACKAGING

MATERIAL: PLASTIC, PAPER

REASON: CLEANING UP APARTMENTS

REFLECTION: WHOLE FOODS GIVES TOO MANY BAGS. GOOD SERVICE BUT NOT GOOD FOR ENVIRONMENT



# TRASH DIARY

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DATE: SUNDAY, 09/11/16

TRASH: PAPER PLATES  
CIGARETTES BOX AND BUTTS  
PIZZA

RECYCLABLE: YES/NO

CATEGORY: FOOD

UTENSILS

MATERIAL: PAPER, FOOD

REASON: DINNER

REFLECTION: I STILL HAVE EXTRA ONE  
TIME USE UTENSILS, AND I WAS TOO  
LAZY TO WASH PLATES.



# TRASH DIARY

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DATE: MONDAY, 09/12/16

TRASH: LUNCH BOX  
CHOPSTICKS

RECYCLABLE: YES/NO

CATEGORY: CONTAINER  
UTENSILS

MATERIAL: WOOD, PLASTIC, PAPER

REASON: LUNCH AT SCHOOL

REFLECTION: I HAVE LUNCH AT SCHOOL EVERY WEEK DAYS. AND THOSE INSTANT FOOD AND UTENSILS CAUSE MUCH WASTES. IT IS BETTER TO BRING FOOD AND CHOPSTICKS MY OWN. BUT I AM TOO BUSY AND TOO LAZY



# TRASH DIARY

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DATE: MONDAY, 09/12/16

TRASH: SHOPPING BAGS  
CIGARETTE BOX

RECYCLABLE: YES

CATEGORY: PACKAGING

MATERIAL: PLASTIC, PAPER

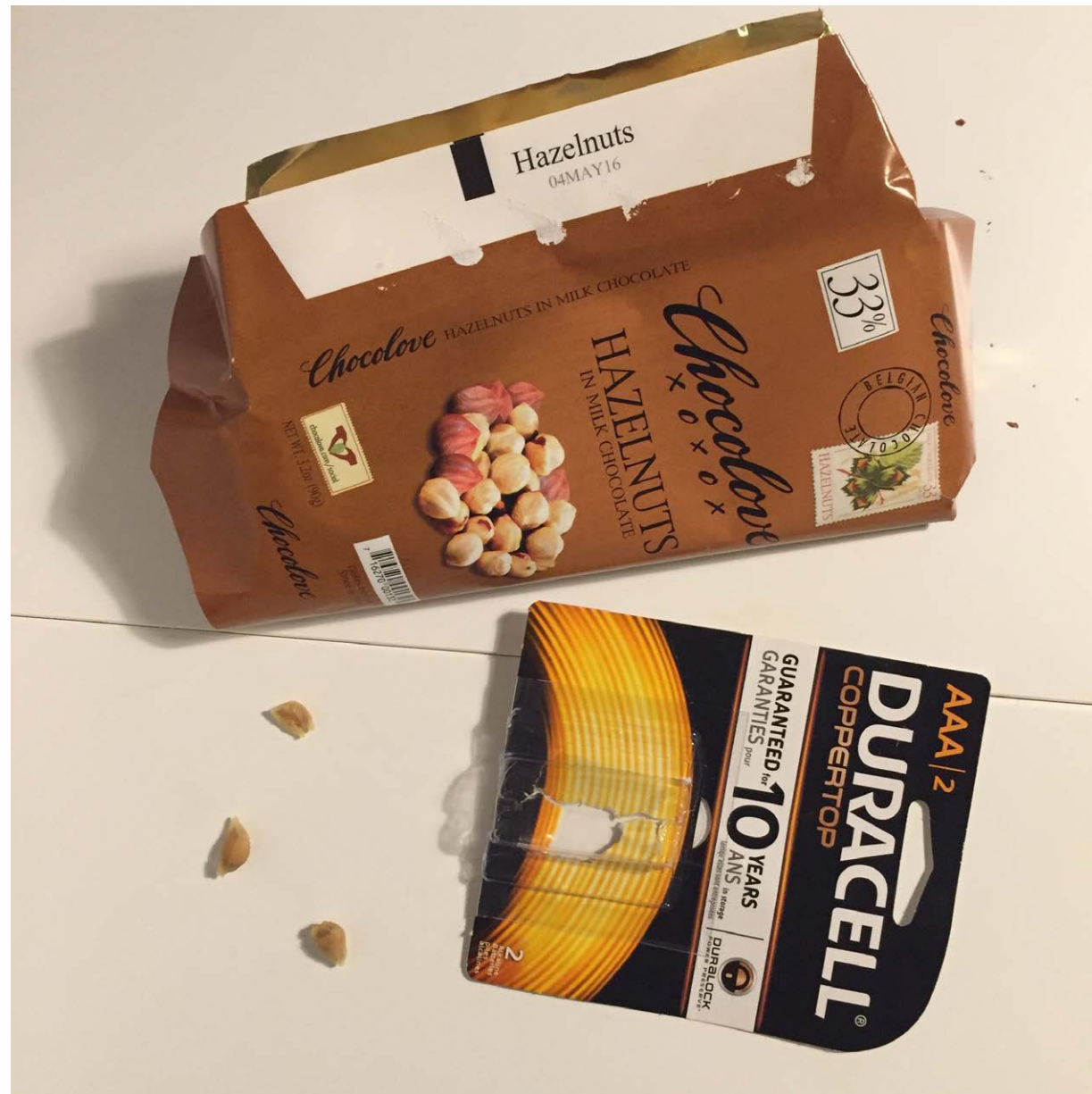
REASON: I SMOKE EVERYDAY AND I ON-LINE SHOPPED

REFLECTION: I THINK THSES ARE INEVITABLE LIVING WASTES. BUT I STILL FEEL SORRY ABOUT THROWING TO MANY TRASHES



# TRASH DIARY

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DATE: MONDAY, 09/12/16

TRASH: CHOCOLATE BOX  
BATTERY BOX  
ORANGE SEEDS

RECYCLABLE: YES/NO

CATEGORY: PACKAGING

MATERIAL: PLASTIC, PAPER

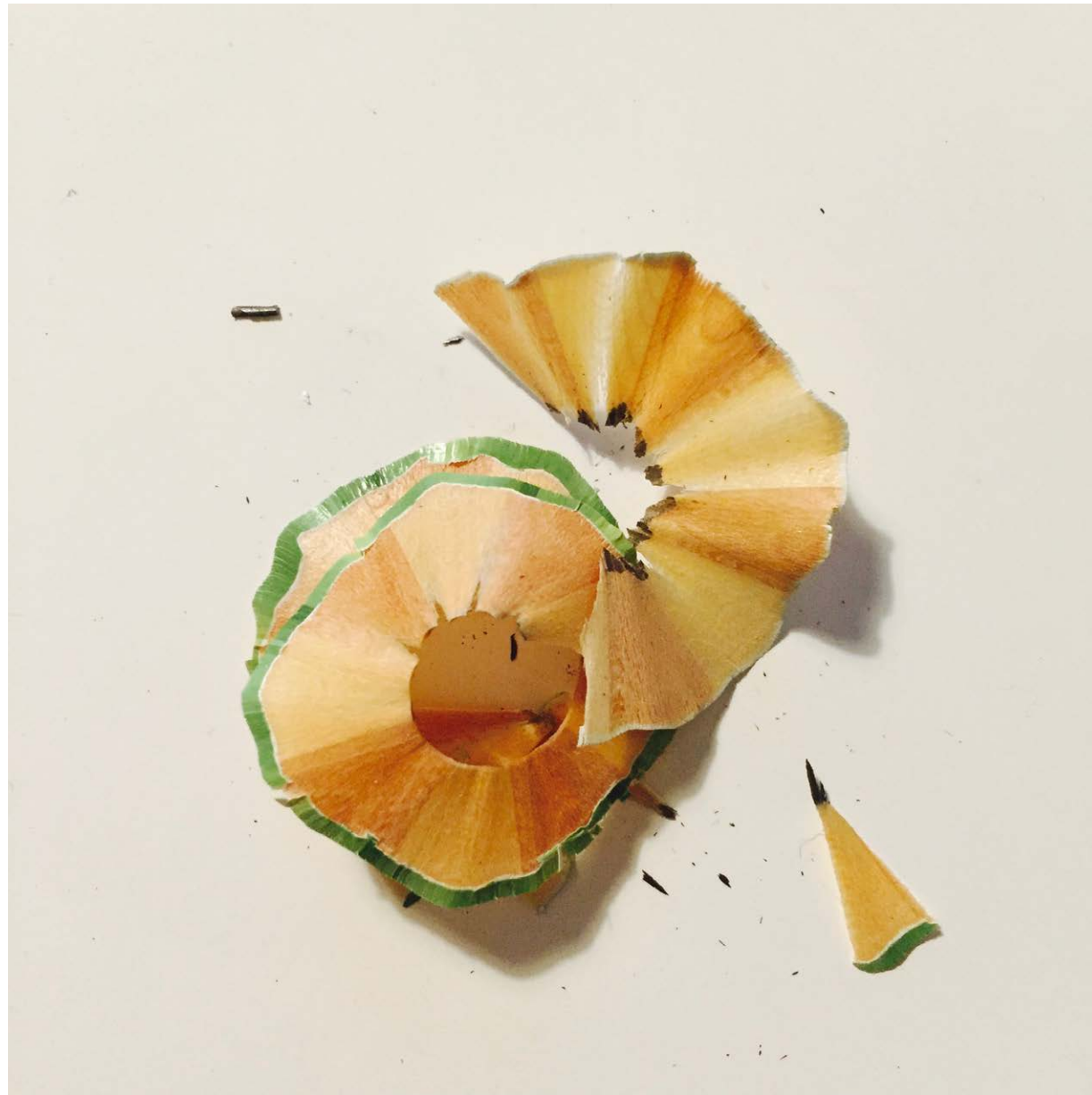
REASON: SNACKS AT NIGHT AND I  
BOUGHT BATTERY FOR MY ALARM

REFLECTION: I THINK THSES ARE INEV-  
ITABLE LIVING WASTES. BUT I STILL FEEL  
SORRY ABOUT THROWING TO MANY  
TRASHES



# TRASH DIARY

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DATE: MONDAY, 09/12/16

TRASH: PENCIL WOODS

RECYCLABLE: NO

CATEGORY: STUDY WASTE

MATERIAL: WOOD

REASON: DRAWING AT SCHOOL

REFLECTION: INEVITABLE WASTES. TRY  
TO MAKE IT AESTHETICALLY BEAUTIFUL



# TRASH DIARY

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DATE: MONDAY, 09/12/16

TRASH: DRINK BOTTLE  
CIGARETTE BUTTS  
NAPKINS

RECYCLABLE: NO

CATEGORY: LIVING WASTE

MATERIAL: PAPER, COTTON, GLASS

REASON: FOR CLEANING UP AND LEISURE

REFLECTION: I KEEP THE BOTTLE AS A VASE



# TRASH DIARY

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DATE: ALL 3 DAYS

TRASH: TEMPON

RECYCLABLE: NO

CATEGORY: LIVING WASTE

MATERIAL: PAPER, COTTON

REASON: ...

REFLECTION: ...