Cultural Probe Kit

Name:

Overall Instructions

Dear Participant,

Thank you so much for taking the time to test out our cultural probe kit! Our team appreciates your time and consideration. In addition, we want to assure you that all your answers and photos will be bound by team/professor/class confidentiality. Below are a few instructions.

First, we have allotted tasks for 4 days and you may choose whichever days you would like. There are 3 simple tasks per day.

<u>Day 1</u>

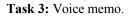
Task 1: Take a photo of your outfit.

Conditions:

- Please take a full-length mirror photo showcasing your outfit head-to-toe
- If you can't access a full-length mirror, please ask a friend or classmate to take a photo of your with your whole body in it
- After taking the image, please send it to your probe administer

Task 2: Please tell us your feelings for the day.

| How well were | you conce | ntrating? | | | | | | | | | | | |
|-----------------|------------|------------|------------|------------|------------|-----------------------|---------------|------------|------------|------------|------------|------------|--------------|
| | 1 | 2 | 3 | 4 | 5 | | | | | | | | |
| Very little | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | A lot | | | | | | | |
| How stressed v | were you? | | | | | | How energetic | were you | ? | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Mildly | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Extremely stressed | Tired | \bigcirc | \bigcirc | \bigcirc | \bigcirc | 0 | Energetic |
| How alert were | e you? | | | | | | How engaged | were you? | ? | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Drowsy | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Alert | Bored | 0 | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Engaged |
| How irritable w | vere you? | | | | | | How much did | you have | on your m | nind? | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Irritable | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Cheerful | Pondering | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Clear minded |



Conditions:

- Answer each topic respectfully in a voice memo for at least 30 seconds in length
- Please send the voice memo to your probe administer after you are finished recording

Question: What is your favorite quality in a person and discuss why.

<u>Day 2</u>

Task 1: Take a photo of your outfit.

Conditions:

- Please take a full-length mirror photo showcasing your outfit head-to-toe
- If you can't access a full-length mirror, please ask a friend or classmate to take a photo of your with your whole body in it
- After taking the image, please send it to your probe administer

Task 2: Please tell us your feelings for the day.

| How well were | you conce | entrating? | | | | | | | | | | | |
|-----------------|------------|------------|------------|------------|------------|-----------------------|---------------|------------|------------|------------|------------|------------|--------------|
| | 1 | 2 | 3 | 4 | 5 | | | | | | | | |
| Very little | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | A lot | | | | | | | |
| How stressed v | were you? | | | | | | How energetic | were you | 1? | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Mildly | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Extremely stressed | Tired | \bigcirc | \bigcirc | \bigcirc | \bigcirc | 0 | Energetic |
| How alert were | e you? | | | | | | How engaged | were you? | ? | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Drowsy | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Alert | Bored | 0 | \bigcirc | \bigcirc | 0 | \bigcirc | Engaged |
| How irritable w | vere you? | | | | | | How much did | you have | on your m | nind? | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Irritable | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Cheerful | Pondering | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Clear minded |

Task 3: Voice memo.

Conditions:

- Answer each topic respectfully in a voice memo for at least 30 seconds in length
- Please send the voice memo to your probe administer after you are finished recording

Question: Name one of your biggest pet peeves and discuss why.

<u>Day 3</u>

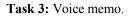
Task 1: Take a photo of your outfit.

Conditions:

- Please take a full-length mirror photo showcasing your outfit head-to-toe
- If you can't access a full-length mirror, please ask a friend or classmate to take a photo of your with your whole body in it
- After taking the image, please send it to your probe administer

Task 2: Please tell us your feelings for the day.

| How well were | you conce | entrating? | | | | | | | | | | | |
|-----------------|------------|------------|------------|------------|------------|-----------------------|---------------|------------|------------|------------|------------|------------|--------------|
| | 1 | 2 | 3 | 4 | 5 | | | | | | | | |
| Very little | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | A lot | | | | | | | |
| How stressed | were you? | | | | | | How energetic | were you | ? | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Mildly | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Extremely stressed | Tired | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Energetic |
| How alert were | e you? | | | | | | How engaged | were you? | | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Drowsy | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Alert | Bored | 0 | \bigcirc | \bigcirc | 0 | 0 | Engaged |
| How irritable w | vere you? | | | | | | How much did | you have | on your m | nind? | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Irritable | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Cheerful | Pondering | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Clear minded |



Conditions:

- Answer each topic respectfully in a voice memo for at least 30 seconds in length
- Please send the voice memo to your probe administer after you are finished recording

Question: State 2 truths and a lie (without revealing which statements are true and which are a lie).

Day 4

Task 1: Take a photo of your outfit.

Conditions:

- Please take a full-length mirror photo showcasing your outfit head-to-toe
- If you can't access a full-length mirror, please ask a friend or classmate to take a photo of your with your whole body in it
- After taking the image, please send it to your probe administer

Task 2: Please tell us your feelings for the day.

| How well were | e you conce | ntrating? | | | | | | | | | | | |
|-----------------|-------------|------------|------------|------------|------------|-----------------------|---------------|------------|------------|------------|------------|------------|------------|
| | 1 | 2 | 3 | 4 | 5 | | | | | | | | |
| Very little | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | A lot | | | | | | | |
| | | | | | | | How energetic | woro you' | 2 | | | | |
| How stressed | were you? | | | | | | How energetic | were you | : | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Mildly | 0 | 0 | 0 | \bigcirc | \bigcirc | Extremely stressed | Tired | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Energetic |
| | | | | | | | | | | | | | |
| How alert were | e you? | | | | | | How engaged | were you? | | | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Drowsy | \bigcirc | \bigcirc | 0 | \bigcirc | 0 | Alert | Bored | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Engaged |
| | | | | | | | | | | | | | |
| How irritable w | vere you? | | | | | | How much did | you have | on your m | nind? | | | |
| | 1 | 2 | 3 | 4 | 5 | | | 1 | 2 | 3 | 4 | 5 | |
| Irritable | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Cheerful | Pondering | \bigcirc | \bigcirc | \bigcirc | \bigcirc | \bigcirc | Clear mind |

Task 3: Trusted ten.

Conditions:

• Please list the ten people you trust the most at this moment in your life and fill out their character traits in the columns to follow

| Name or Initials | Gender | Race/Ethnicity | Age | Sexual Orientation | Education Level | Disability (Yes/No) | Marital Status | Other |
|------------------|--------|----------------|-----|--------------------|-----------------|---------------------|----------------|-------|
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