

Exploring your interests

Try and put down at least 10 per category.

What do you love?

Anything; it can be fashion, cupcakes, music, rock climbing, science fiction, kittens . . .

- 1 Cooking
- 2 Baking
- 3 Reading
- 4 Hiking
- 5 Animals
- 6 Music
- 7 Travel
- 8 Kick boxing
- 9 Museums
- 10 Food
- Podcasts
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What do find fascinating?

Things you are curious and interested to learn more about on a deeper level.

- 1 How things are made
- 2 People's processes
- 3 Systems and their effects
- 4 Storytelling
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What makes you frustrated or angry?

Activities or actions or behaviors that make you want to respond in some way.

- 1 Simple changes you can make to be more environmentally conscious (ie. reusable bags/water bottle/tupperware/etc)
- 2 Not being polite and kind (treat others how you want to be treated)
- 3 Ghosting
- 4 Animal abuse
- 5 Being aware of one's effects on that around them
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What is your ideal world?

Socially, culturally or environmentally, be as specific as you can.

- 1 Mixture of green spaces and city
- 2 Teaching comes before prior experience
- 3 Converting all packaging to be sustainable
- 4 Converting all energy to be sustainable
- 5 Having public transportation widely available
- 6 Quality and diverse education (STEAM+) with an emphasis on teaching to one's strengths, not what you can memorize
- 7 Education that includes practicality (ie. home ec, personal finance, better sex ed)
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Your values

Traits and attributes that are important to you – that define who you are.

- 1 Kind, care, compassion, empathy
- 2 Do right by your moral compass, ethics
- 3 Acceptance
- 4 Passion
- 5 Drive, ambition, hard working
- 6 Honesty
- 7 Loyal
- 8 Patience
- 9 Responsibility, organized
- 10 Supportive
- Open communication
- Mutual respect
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Educational skills you want to use

Acquired in school, in an internship or a job, that you would like to exercise.

- 1 Technical design skills
- 2 Strategy
- 3 Process
- 4 Consumer insights
- 5 Team building
- 6 Technical business/financial skills
- 7 Branding
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Life skills you want to use

Acquired through experiences; friends, family, hobbies, community activities, etc.

- 1 Organization
- 2 Focus
- 3 Leadership
- 4 Public speaking
- 5 Team work
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Your goals in life

Short and long term goals once you graduate.

- 1 Get a job I enjoy
- 2 Buy a house/apartment
- 3 Create my own business
- 4 Volunteer, give back to the community/charities I believe in
- 5 Travel
- 6 Have a relationship/family
- 7 Work with startups
- 8 Teach
- 9 Turn a hobby into a side gig
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