media diary
(not checking time)

DATE	TIME	DURATION	ACTIVITY	MEDIUM
29.08.19	10:00am	-	Alarm	Phone
	10:02am	10:15am	Instagram	''
	10:30am	10:35am	Call	''
	11:00am	13:00pm	Music	'' (speakers)
	13:25pm	13:27pm	Check maps	''
	13:30pm	14:01pm	Music	'' (headphones)
	13:42pm	-	Text	''
	15:15pm	-	Text	''
	4:00pm	4:07pm	Instagram	''
	4:30pm	5:30pm	Indesign	Computer
	6:00pm	6:25pm	Indesign	''
	6:36pm	8:20pm	Music	Phone
	7:30pm	8:20pm	Text	''
	9:45pm	-	Text	''
	11:00pm	11:30	Youtube	''
30.08.19	6:00am	-	Alarm	Phone
	6:05am	6:07am	Instagram	''
	6:25am	8:00am	Music	'' Speaker
	10am	-	Text	''
	11:15am	-	Text	''
	2:30pm	2:40pm	Text	''
	3:30pm	3:40pm	Text	''
	3:00pm	3:45pm	Music	'' Headphone
	4:30pm	-	Text	''
	5:30pm	6:00pm	Music	'' Headphone
	7:15pm	-	Text	''
	8:00pm	11:00pm	Music	'' Speakers
	8:02pm	-	Text	''
	10:00pm	11:00pm	Text	''
	11:45pm	11:50pm	Call	''
31.08.19	12:00am	1:00am	Text	Phone
	2:00am	3:00am	Music	'' Headphone
	2:00am	3:00am	Text	''
	8:00am	8:15am	Instagram	''
	8:30am	8:35am	Email	''
	9:15am	10:30am	Writing/reading	Computer
	12:55	1:41pm	Text	Phone
	1:00pm	-	Photo	''
	1:20pm	-	Photo	''
	3:45pm	4:45pm	Text	''
	6:20pm	7:02pm	Music	'' Headphones
	7:00pm	7:10pm	Text	''
	8:30pm	11:00pm	Movie	Cinema
	11:30pm	12:00am	Music	Phone (headphone)

DATE	TIME	DURATION	ACTIVITY	MEDIUM
01.09.19	12:15am 9:30am 12:00pm 1:30pm 6:00pm 8:00pm 9:00pm 10:00pm 11:30pm	1:00am 9:45am 1:00pm 2:45pm 6:05pm 8:30pm 10:20pm 10:20pm 11:45pm	Youtube Instagram Text School work Text Text School work Text School work	Computer Phone '' Computer Phone '' Computer Phone Computer
02.09.19	9:15am 10:00am 10:30am 12:20pm 12:30pm 12:30pm 3:30pm 5:00pm 9:45pm 11:20pm	9:30am 10:30am - 12:10pm 3:00pm 3:00pm 4:00pm 7:15pm 10:00pm 11:30pm	Email Music Text Youtube School Work Music Illustrator Music Youtube Instagram	Phone '' Speakers '' Computer '' Phone (speakers) Computer Phone Speakers Computer Phone