

1. Phone timer + have someone document
2. Distribute two pieces of cloth and needles - pass around thread (red?)
3. Briefly introduce materials
  - **Embroidery hoop** and how to adjust + that you don't need one
  - How when buying **embroidery needles** they're usually labeled as such - what makes them embroidery needles is that they have larger eyes for the thread
  - **Fabric scissors** which should only be used for fabric
  - **Needle threader** helps but is not necessary
  - **Fabric marker** that washes away with a damp cloth
4. How to put thread through needle
5. Satin stitch and split / stem stitch will be the most helpful, in my opinion, and they're some of the most common stitches seen
6. Introduce satin (also known as fill) stitch, show how it was used in portrait, tell them to draw an otherwise simple shape and start showing them how it's done
7. Split stitch or stem stitch (straight light which is good for solid lines, text)
8. Whatever time is left, they can finish filling