

The days of rationalizing the human psyche with detached and clinical terminology are numbered, and thus nearing their end. As artists who constantly look for meaning, and seek to express and reflect the many facets of our battered minds and broken hearts, we believe that *only* art possesses the therapeutic ability to assist the mentally ill and the traumatized, by allowing them to visually *project* the chaos that has accreted within their souls.

The mind is a metaphysical, subjective, and inexpressible “thing” — the fact that clinical psychologists continue to attempt in futility to paradoxically scrutinize, categorize, and objectify the pseudoscientific is not only absurd, but contrary to the fundamentals of the scientific method. We believe that art is the visual translation of our inner thoughts “physicalizing” abstract thoughts into something tangible. We believe in the visual as opposed to the wholly textual, in the universality of expressing the psyche through imagery rather than in the obscure esotericism of merely documenting psychological phenomena in dry textbooks with unnecessarily long, pretentious language. High art and academic art are also guilty of this in their attempts to isolate the artist in an alternate realm far removed from the audience. With our artistic movement, we seek to purge the disconnect between clinician and patient, between artists and their audiences, and instead merge them into one entity. The psychiatrist as the psychoanalyzed. The artist as his or her own audience.

Thus, as investigators of the mind through art, we declare that the “scientific” aspects of psychology are ironically symptomatic of psychiatrists’ demented delusions in believing the conscious, subconscious, and unconscious mind can be somehow reduced to simple, objective archetypes, and that their tendency to rationalize the chaotic, inexpressible manifestation of the self, to perform clinical studies on the multifaceted self, is equally unfounded and based on imaginary, projective constructs. The psychiatrist is equally as insane as the mental ward inmate for believing and asserting in theories not applicable to our unpredictable reality. By extension, then, the entire institution of psychology and psychiatry is itself in need of psychiatric evaluation, its greatest proponents lunatics with no recognition of the power of art as a form of therapy, or intimate self-knowledge of their own arrogance in assuming the inexpressible can be expressed through rigid, outdated, linear means, or constructing theories of mind that don’t actually exist.